Daily Learning Planner

Ideas parents can use to help children do well in school

Alachua County School Board



PARENT INSTITUTE

June • July • August 2021

June 2021

| 1. Make a list of 10 things your child has learned in this school year. Post |
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| it on the refrigerator. |

- ☐ 2. Praise your child for something she did today. Make your praise as specific as possible.
- ☐ 3. Take a fraction walk with your child. What fraction of the cars you see are red? What fraction of the rooftops are black?
- 4. Ask your child to make a list of items your family can reuse, repurpose or recycle.
- ☐ 5. Help your child organize his room.
- 6. Some time today, exchange notes with your child instead of talking. (This also works when things get noisy!)
- 7. Ask your child to help you make an I'm Bored Box. Fill it with things to read, games to play and art supplies.
- □ 8. With your child, learn how to count to 10 in at least three different languages.
- 9. Plan an indoor "camp out" with your child.
- 10. Make a list of five fun things to do to as a family this summer.
- ☐ 11. Teach your child how to disagree respectfully.
- ☐ 12. Show your child pictures of different dark green vegetables. Let her choose one. Find a recipe and give it a try.
- □ 13. Challenge your child to turn a newspaper headline into a question. Then read the article together. Does it answer the question?
- ☐ 14. Ask your child to alphabetize your books or the spices in your cupboard.
- 15. Practice making decisions as a family. Let everyone have a say.

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- ☐ 16. Ask your child to tell you about something he loves.
- ☐ 17. Does your child have a summer reading list? Post it in a special place. Check off books as she finishes reading them.
- □ 18. Start a sentence-a-day story. In a notebook, have your child write the first sentence of a story. Take turns adding a sentence each day.
- ☐ 19. Ask your child to help you prepare a family favorite breakfast at home. Make this a regular habit.
- 20. Let your child use medicine droppers and water colored with food coloring to experiment with mixing colors.
- \square 21. Review simple first-aid skills with your child today.
- 22. Have your child write a thank-you letter to someone who made the school experience better for him this year.
- 23. Sponsor a summer-long contest. Who in your family can read the most books?
- 24. Watch part of a TV show or video with the sound muted. Ask family members to make up the dialogue.
- 25. Help your child plan three healthy meals.
- 26. Have your child decorate a box for photos and other small keepsakes this summer. In August, use them to make a scrapbook.
- ☐ 27. Review math facts with your child.
- 28. On a sunny day, trace your shadows on the sidewalk with chalk.
- ☐ 29. Read a story about persistence with your child, such as *The Little Engine That Could*.
- □ 30. Teach your child how to sew on a button or patch today.

July 2021

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| 1. Have a treasure hunt outside. Challenge your child to find five specific items (leaf, grass, pinecone, etc.). 2. Have your child close his eyes and tell you everything he hears. | ☐ 16. Tonight, take a walk with your child. See how many stars you can see. ☐ 17. Plan an outdoor adventure day. Take a hike or visit a park or |
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| □ 2. Have your child close his eyes and ten you everything he hears. □ 3. Show your child a picture of a painting of flowers. Then find some flowers, and see if your child can paint a picture in the artist's style. | playground. 18. Help your child interview family members and write a family newsletter based on what she learns. |
| 4. Talk to your child about what it means to be <i>free</i> . | \square 19. Monitor which websites your child is visiting. Discuss online safety. |
| ☐ 5. Ask your child to write a poem about her favorite thing to do. | \square 20. Will your child need a physical exam for school this fall? If so, make |
| 6. Serve your child a new food. Then have him write and act out his own commercial for it. | an appointment now. 21. Go on a map search through a newspaper. How many maps can your child find? |
| ☐ 7. With your child, estimate the number of socks in her drawer. Then count to find out the exact number. | 22. Talk about favorite songs. Why does your child like his favorite song? |
| ☐ 8. Is your child turning into a summer couch potato? Limit screen time and encourage outdoor play. | ☐ 23. How many farm animals can your child name? |
| □ 9. Plan an activity for the weekend that the whole family will enjoy. □ 10. Talk to your child about peer group pressure. It's not too soon to talk | 24. Set aside some time to spend one-on-one with your child today. 25. Have a "power out" night. Use flashlights. Avoid using electronic devices. |
| about ways to say <i>no</i> to drugs and alcohol. 11. Turn a muffin tin upside down. Let your child paint the bottoms of the cups. Press a piece of paper over the paint to make a print. | ☐ 26. Look at the weather forecast with your child today. Compare where you live to the rest of the country. |
| 12. Help your child make a fruit salad. Include at least one new or unfamiliar fruit. | 27. Read an article to your child. Ask her to summarize the main points. 28. Look at photos from a year ago. Your child will be amazed at how much he has grown! |
| ☐ 13. Have your child comb his hair. Use the static electricity in the comb to pick up paper confetti. | 29. Review emergency contacts with your child. Does she know the phone numbers to call? |
| ☐ 14. Give your child a spiral notebook to use as a journal. Ask her to write in it for 10 minutes each day. | □ 30. Issue a Geography Challenge. Take turns naming a state, province or country. Who can call out the capital first? |
| ☐ 15. Have your child place a leaf (vein side up) on newspaper. Cover it with thin paper and have him rub with a crayon. | ☐ 31. Talk to your child about how name-calling hurts everyone. |

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August 2021

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☐ 31. Review respectful school behavior with your child.

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| ☐ 1. Give your child a measuring tape. Ask him to measure dimensions of objects in your house. | ☐ 15. Ask your child to listen for a certain word as you read. Have him say it aloud when he hears it. |
| 2. For five minutes, both you and your child write a story. Then switch and finish each other's story. | 16. Put a leafy stalk of celery into colored water. Watch the color rise into the stalk over the next week. |
| ☐ 3. If your child could be a famous person, who would she be? Why? | 17. Encourage writing by helping your child make her own stationery. |
| 4. Make math flash cards together to help keep your child's math skills sharp. | ☐ 18. Stock a box or basket with supplies such as paper, pencils and glue sticks. Keep it in your child's study area. |
| \square 5. Talk about tricky pairs of letters. Help your child distinguish between w | 19. Have a silent chat with your child. Draw what you want to say. |
| and m , n and u , b and d , i and l . \square 6. Listen to a new kind of music with your child. Discuss how it makes | 20. Put various objects on a tray. Have your child examine them, then close his eyes and name as many as he can remember. |
| you feel. | ☐ 21. Have a summer clean-up day. Choose a room and have your child |
| ☐ 7. Write down a long word and see how many smaller words your child can create using only the letters in the long word. | help you clean it. 22. Ask your child to tell you the three best things about herself. |
| □ 8. Help your child check out a book about a career of interest from the library. | ☐ 23. Tonight at bedtime, allow a few minutes after the light is off for quiet conversation with your child. |
| 9. Ask your child to help you look through the ads and find the best prices for school supplies. | 24. Have your child write and mail a letter to a friend. |
| 10. Dissolve some salt in a glass of water. Watch for a few days. Talk about | 25. Read a book about families together. Talk about your own family. |
| what happens. | ☐ 26. Ask your child to find the coldest place in the nation today and the warmest. What's the difference between the two temperatures? |
| ☐ 11. Get your child back into a school-year bedtime routine. | 27. Look at the school's website and social media pages with your child. |
| ☐ 12. Have your child draw a picture. Ask him to make up a story about it and tell it to somebody. | 28. Have each family member look through a newspaper and pick an |
| 13. Take turns as a family naming different parts of the body. Who can name the most? | article of interest. Share the articles at dinner. 29. Ask your child what he enjoyed most this summer. |
| _ | □ 30. Play a favorite family board game tonight. |
| ☐ 14. Help your child make a list of things she would like to learn in the coming school year. | 31. Review respectful school behavior with your child |